

DECEMBER DELIGHTS

1. For desert a chocolate sponge cake log called buche de Noel is normally eaten in France. The reason it is special:
 - a. It shows nature
 - b. * In past times an enormous log was burned during the winter solstice
 - c. Trees are special at Christmas

2. How many packets of sugar are in a 5 inch candy cane?
 - a. One
 - b. *Three
 - c. Six

3. Which slice of pie is the "healthiest"?
 - a. *Pumpkin (320 calories per slice)
 - b. Apple (410 calories per slice)
 - c. Pecan (500 calories per slice)

4. What is the most common main course eaten on Christmas Eve in Italy?
 - a. Meat
 - b. *Seafood
 - c. Both

5. The Danes do something called Julefrokost literally meaning:
 - a. Hanging of Christmas stockings
 - b. *Christmas lunch
 - c. Singing Christmas carols together

6. What kind of breads do the Czechs prepare for Christmas?
 - a. *Small ginger breads with sugar icing
 - b. Sweet biscuits with nutmeg
 - c. Cardamom cakes

7. Stollen is a fruitcake with bits of candied fruits, raisins, walnuts and almonds and spices such as cardamom and cinnamon. Often this cake is filled with:
 - a. Chocolate
 - b. *Marzipan
 - c. Jam

8. Rabanada, a dish made out of bread soaked in milk, fried and dusted with cinnamon sugar, is a popular dessert for Christmas in what country?
 - a. *Brazil
 - b. Ecuador
 - c. Chile

9. Marzipan is made mainly from sugar and the flour or meal of which nut?
 - a. *Almond
 - b. Walnuts
 - c. Chestnut

10. What is the most common ingredient in the pancakes served during Hanukkah after the Menorah is lit? (**Potatoes**)

11. Which country did the gingerbread house come from?
 - a. Austria
 - b. Switzerland
 - c. *Germany
 - d. United States

12. What Christmas food is made from "marsh-worts"?
 - a. Stuffing
 - b. Sweet Potatoes
 - c. Marshmallows
 - d. *Cranberry sauce

13. Which continent is the turkey from:
 - a. South America
 - b. *North America
 - c. Europe
 - d. Australia

14. Round/Oval cookies filled with fruit preserves or cream & covered with chocolate are called? (**Sugar plums**)

15. Which country created eggnog? (**United States**)

16. What is the main ingredient in gingerbread cookies?
 - a. *Flour
 - b. Ginger
 - c. Molasses
17. What Christmas carol demands figgy pudding? (**We wish you a Merry Christmas**)
18. What holiday drink contains sugar, milk and eggs? (**Eggnog**)
19. What fruit is St Nick's nose like? (**Cherry**)
20. What visions dance in children's heads? (**Sugar plums**)
21. Stollen is a traditional fruit cake of what country? (**Germany**)
22. What name is given to small sausages wrapped in bacon, a staple at a British Christmas dinner? (**Pigs in a blanket**)
23. In what direction should you stir mincemeat for good luck, clockwise or counterclockwise? (**Clockwise**)
24. What spirit is traditionally added to butter and served with Christmas pudding? (**Brandy**)
25. What would you be drinking if you had Glühwein? (**Mulled wine**)
26. What type of sweet bread loaf is traditionally served at Christmas in Italy and many other European countries? (**Panettone**)
27. Which Christmas food is considered to be good luck to eat one of, each of the twelve days of Christmas? (**Mincemeat pies**)